

# TRAUMA INFORMED APPROACH FOR EDU

CPD COURSE



[www.europeanera.eu](http://www.europeanera.eu)  
[info@europeanera.eu](mailto:info@europeanera.eu)  
+34 659 04 35 24



# Transform your teaching with empathy. Equip yourself with the understanding to support every student's needs.

## Methodology

Neuroscience studies show that **learning new habits comes from action**. New neuronal networks which support new behaviors are created in action. This is why the course is based mainly on **experiential methodologies** rooted in psychodrama and sociodrama.

**Delia Rosca** employs experiential techniques to foster **interaction, cooperation and spontaneity** in order to **boost creativity and collective intelligence**, adapting her methods to accommodate the diverse learning styles of the participants.

She is passionate about **integrating psychological education into her teaching**, creating safe spaces both for personal insights and meaningful connections. This approach proves highly effective in the realms of **education and communication**.

## Course Description

Dive into a transformative experience with this experiential course, designed to deliver a deep understanding of **trauma-informed practices in education**.

You'll develop the skills to foster a classroom atmosphere of **safety and trust**, learn the importance of **transparency and peer support**, and embrace the principles of **collaboration and diversity**.

The course will guide you to **empower both yourself and your students**, culminating in a comprehensive strategy to apply these essential elements to your professional practice.

### Learning Outcomes

- Understand how to create and maintain a safe, welcoming classroom environment.
- Develop clear communication techniques for building trust and transparency.
- Learn strategies to encourage peer support and collaborative learning.
- Equip students with the skills for self-empowerment and independent learning.

## Areas of Growth for the Participants

**Cultivating a Secure and Supportive Classroom:** Master the art of shaping a learning environment that serves as a sanctuary for students, where safety in both emotional expression and physical space is paramount for optimal learning and well-being.

**Building Trust with Transparency:** Gain expertise in establishing a trustworthy atmosphere through consistent, open communication and actions, creating a transparent educational experience that students can rely on.

**Promoting Collaborative Learning Networks:** Acquire techniques to nurture peer-to-peer support systems within the classroom, fostering a collaborative culture that facilitates shared learning and collective growth.

**Empowering Students as Active Learners:** Discover how to inspire your students to become self-directed learners, providing them with the tools and confidence to take ownership of their educational experiences and future success.



### Basic Information

- Where? Málaga
- 5 days course + cultural day activity included
- Price: 400€
- Dates to be determined (if you are a group of 5, you can choose your own dates course)
- Certificate of attendance included (80% of attendance required)

## Included Services and Add-Ons

### Included

- Pre-arrival information.
- Tuition & training materials.
- Coffee break.
- Training Certificate.
- Europass Certificate.
- Admin & organizational costs.
- Cultural Activity tailored to the group.

### Additional

- Accommodation (hotels & self-catering apartments).
- Half-day and one-day trips.
- Airport transfer.
- Local transport.
- Extra Cultural Activities option.

# Our team is ready to help! Contact us for more information

[international@europeanera.eu](mailto:international@europeanera.eu)

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